



With all of the “hoopla” surrounding the Iowa Women’s Health Study, we have received several calls questioning the use of supplements. The American Medical Association (AMA) published this flawed study in the Archives of Internal Medicine and the media loudly shared it on national news. You can read about the many reasons this study should not have been considered here: http://www.lef.org/featured-articles/1014_Flawed-Study-Used-To-Discredit-Multivitamin-Mineral-Supplements.htm

As many of you know, the FDA has proposed new NDI guidelines to police the supplement industry and protect big pharma. If a drug company files an IND (drug) application for a natural substance before a supplement manufacturer can meet the onerous NDI (supplement) notification standards and receive FDA approval, the supplement company can never again sell the substance in its natural form.

We have recently seen shortages of some supplements and older, usually lower-priced, drugs. Please take a moment to contact your representatives and help us protect your right to use supplements. The Life Extension Foundation provides information here: http://www.lef.org/featured-articles/1014_Flawed-Study-Used-To-Discredit-Multivitamin-Mineral-Supplements.htm.